

SELECTION OF HERBAL TEAS English Breakfast, Lemon Grass & Ginger, Green Tea, Peppermint, Camomile & Earl Grey

COLD DRINKS

Orange juice, Grapefruit juice, Pineapple juice, Still Water & Sparkling Water

'Morning Mary Station' Tomato juice, Celery sticks, Worcestershire Sauce & Tabasco Sauce

CFRFALS

Cornflakes, Rice Crispies, Coco Pops, Muesli, Dry Fruits, Nuts & Seeds,

DAIRIES

Fresh Fullfat Milk, Skimmed Milk, Soya Milk, Natural Yoghurt, Natural Low Fat Yoghurt & Soy Yoghurt Compotes – Strawberry, Blueberry, Forest fruit & Mango

FRUITS

Pineapple Cuts & Fresh Fruit Salad, Selection of Fresh Whole Fruit, Grape fruit Segments, Apple and Prune Compote

BAKERY

White and Brown Breakfast Rolls, Ciabatta Rolls, Maltese Ftira,
White, Brown and Fruit Sliced Bread, Maltese Whole Bread, Poppy Seed Bread,
Maltese Xiklun, Pumpernickels Bloomer White and Brown Bread,
Maltese Loaf, Multigrain Loaf,

Croissants, Pain au Chocolate, Danish Pastries, Brioche Bread, Pancakes, Homemade Cookies, Fennel Muffins, Chocolate Muffins, Dry Cakes and Waffles with Forest Fruit Compote,

(Kindly ask our members of staff for Gluten free bread and pastries)

BUTTER AND SPREADS

Salted Butter portions, Unsalted Margarine portions, Strawberry Marmalade, Honey, Apricot and Diet Jam

NATURAL COLD SALAD STATION

Mixed Greens, Cherry Tomatoes, Crudities - Cucumber, Radishes, A Selection of Sweet Peppers, Sweet com, Red Cabbage and Carrots

CHEESE SECTION

Edam, Brie, Smoked Cheese, Emmenthal, Blue cheese, Bel paese

CHARCUTIÈRE CORNER

Smoked Ham, Turkey Roll, Italian Salami, Smoked Salmon Side, Chicken Liver Pate, Italian Mortadella.

CONDIMENTS

Nutella, Maple Syrup, Tomato Ketchup, Brown Sauce, French and English Mustard, Extra Virgin Olive Oil, Himalayan Salt, Rock Salt, Chilli Oil, Lemon Oil and Balsamic Vinegar

HOT STATION

Pork and Beef Sausages, Grilled Tomatoes, Baked Beans Smoked Streaky Bacon, Boiled Eggs, Scrambled Eggs

LIVE COOKING EGG STATION

Fried Eggs, Poached Eggs and your choice of Omelettes choosing from: Cheese, Ham, Onions, Tomatoes and Sweet Peppers

MALTESE CORNER

White Cheeselets & Peppered Cheeselets, Rikotta, Galletti, Pickled Gherkins, Pickled Vegetables, Marinated Olives, Sundried Tomatoes, Grilled Maltese Sausage, Vegetable Kaponata, A selection of Olives.

SEASONAL FRUIT CORNER

DIETARY DISHES FROM THE BOARD

PRICE

Adults – €18.00 per person Children (6yrs -12yrs) – €9.00

Children under 5 years of age eat free with I paying adult

We treat food allergies seriously. Every effort is made to instruct our staff regarding the potential severity of food allergies.

Therefore please inform your server which food cannot be consumed if you have any food allergies.



